



Funded by



Loughborough Wellbeing Centre CIO

We are looking to recruit a

Trustee Board Chair and up to 3 further Trustees

About the charity

The Charity (a signatory to the armed forces covenant) provides a safe and welcoming space for adults living with enduring mental health challenges at the centre which is open across the week, including evenings and weekends.

We offer a range of supportive and structured activities which help to reduce risk of suicide and self-harm whilst also helping participants increase their self-confidence, self-resilience, self-esteem, and self-care skills. We help to facilitate both peer support and reduce social isolation. The charity also encourages participation and involvement in our project, including promoting and encouraging volunteering opportunities.

We started our activities in Autumn 2015 and opened our Loughborough-based Wellbeing Centre in October 2021.

About the roles

Our Trustee Board meets regularly throughout the year and provides appropriate support and independent governance to the Charity and our Chief Executive Officer, including advising on strategy, key risks, funding and partnership working. More details, including our accounts, can be found here:

<https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/5158881>

Our existing Chair and some of our Trustees have now reached the end of their terms of office and so we are looking to refresh the Board. We are particularly looking for people who can bring experience and skills in fundraising, accounts, working with veterans or lived experience of supporting people with mental health challenges. In addition, we would expect at least the applicants for the Chair role to have prior Trustee experience.

The role of Trustee is non-executive, providing a rewarding opportunity to share your expertise and experience to shape our future. The role is unremunerated.

Applications

Please send a CV with a covering letter to admin@loughboroughwellbeing.com by **29 February 2024**. We expect interviews to take place in March 2024 with appointments to be made during the first half of this year.

If you would like an informal discussion with our existing Chair, Nicky Morgan, please also email (see above) and we will arrange this.